

DIY

THE CABINET OF CURIOSITY

making feeling matter

- 1 Make sure that everyone, or every group or pair has a box.
- 2 Divide the box in to spaces and explain that each space or room within the box will represent a different feeling or emotion.
- 3 Find objects and images that represent or reflect emotions or situations that might feel emotional.
- 4 Ask young people to think about the different ways that those spaces might be connected and what might connect them.

What you'll need:

Boxes (old packaging boxes or cardboard to make one)
Scissors
Glue
Paint
Images (printed or from magazines)
Found objects such as natural or small manufactured objects
Fabric
Pens

Dean (aged 15)



For inspiration check out **the work of Joseph Cornell** who made art from found objects in boxes



artsworld.org.uk
engages with young people from all backgrounds.

www.artconnect.co.uk
in the midlands aims to increase access to the arts and culture for children aged 0-25

**Brooklyn museum
Masks and global art
exhibition teacher's
resource pack**

**Free resources and
further information
from Children and the
arts**

**This Birmingham
project uses music to
engage with young
people in alternative
provisions**

**The Challenging
Behaviour Foundation**

**Fantastic examples of
the power of art to
engage young people
in difficult circumstance**

**More about contextual
safeguarding**

**Mask inspiration
from ceramic artist
Peggy Bjerkan**

DIY

CRYSTAL PAINT POWER

creative ways to explore forceful emotions

- 1 Ask the group or groups to imagine forceful emotions that can be hard to express or name (if you find this difficult imagine a situation instead, things like the first time you rode a bike or the moment before your favourite programme starts)
- 2 Choose paint colours and patterns that match those feelings
- 3 Stipple, dab, smear or sprinkle the paints on your paper
- 4 Blow, finger trace, brush or smear the paint in ways that feel connected to those emotions.

What you'll need

Paper
Paint brushes
Crystal or powder paint
Water
Newspapers for protecting surrounding surfaces



- 5 Cut shapes out of the pictures to make more art and explore feelings further, what shapes can those feelings take?
- 6 Make a note for yourself or others of what your painting represented



Before you begin adapting these activities for the children and young people in your setting, read the section on **Safety and Support**.