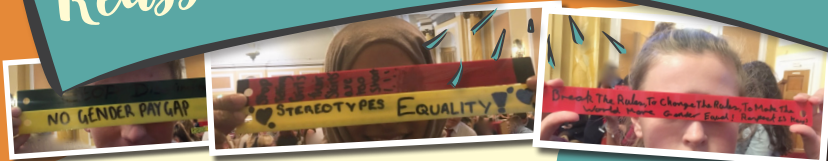


Reassembling the Rules!



What you'll need:
Lots of rulers,
preferably with
holes in the top
Permanent
marker pens
Digital camera

- 1 PICK A RULE** In groups, discuss what rules you want to change to make the world a more gender-equal and gender-fair place to live. Or choose any topic you feel strongly about where the rules need changing!
- 2 GRAFFITI** your ruler with one or more message for change.
- 3 LINE-OF-ACTION** Volunteers from each group (or everyone) form a long line.
- 4 RULER RELFIES** Hold two rulers in front of your face, and have your Ruler Relfie photo taken.
- 5 RATTLE THOSE RULERS** Fill the space you are in and choose an object (e.g. a chair, a radiator, a table) to rattle your rulers against. Make as much noise as possible. Record the sound!
- 6 TWEET** Make a short video to share with other schools, youth groups or organisations. Use the hashtag #thisiswhat <insert your message> soundslike.
- 7 CREATE** What else can you do with your rulers? Make a cape? String them up to form a line of action? Use your imagination!

A **RELFIG** is a relationship selfie.

A **RULER RELFIG** is your relationship to the change you want to see in the world.

Rules can be, laws, policies, social norms and stereotypes – anything you want to change about the way things are, that reinforce or create inequality

Watch Unity's Gender Equality Youth Assembly ruler-activism
[#thisiswhatafeministassemblysoundslike
vimeo.com/276544847](https://www.vimeo.com/276544847)

Before you begin adapting this activity for the children and young people in your setting, read the section on **Safety and Support**.

Like the ruler idea but need an alternative?

Print out paper rulers. Lay them on every seat in an assembly hall or classroom space.

Invite others to write on the backs of the paper rulers what rules they want to change. Collect them up, and deliver them to the organisation who holds the decision making powers on your chosen issue.

Read the **Ruler HeART** story for inspiration.