

# VOLUNTEERING



"Volunteering helps you make a difference to something you care about and learn new talents too."

[vinspired.com](https://vinspired.com)

Becky volunteers her time to support the organization **Sisters of Frida**. She writes about how she wants to "help to improve the sense of identity and self worth felt by young disabled women, by helping them to acknowledge and understand all parts of themselves as individuals rather than simply being 'that disabled girl'".

Who is  
**Frida Kahlo?**

Read more on what Becky thinks about **sexism, abelism, sexualisation and beauty**.



Become a **youth volunteer** and find out what's available **in your area**.

Find out more about **disabled girls and women** and gender inequalities worldwide.

For more information see **The National Council for Voluntary Organisations**

# FEMINIST CLUBS



**Youth-led feminist and gender equality** groups for young people are on the rise in schools. They can be a supportive space to learn, debate and share your views on how gender and gender inequalities impact upon your lives and the lives of others.

Read about the different **feminist school groups in England and Wales** and what they've been up to: including school assemblies on misogynoir and what it means to be a young muslim feminist, boys' experiences of everyday sexism, feminist fire hot-spots and journal entries of feminist imaginations inspired by the **feminist utopia project**.

Get inspired by the **SPARK Movement**, "a girl-fueled, intergenerational activist organization working online to ignite an anti-racist gender justice movement".

What are **young feminist activists** doing around the globe?

**13 empowering books** for young feminists and **19 children's books with feminist storylines**.



For resources and support on how to start up your own school feminist and gender equality group, check out **UK Feminista, Fearless Futures, Gender Equalities and Leadership in Schools (GELS) Network** and the **Teaching Feminists Facebook Group**

